

Kilfenora Plain Set

with kindly permission by

Pat Murphy

Figure 1 Quadrille / Reel 96 bars

- a All couples **lead around** with each gent's arm around his partner's waist and her arm resting on his shoulder. 8 bars
- b All **set** to their partner (4 bars) and **swing** in waltz hold (4 bars). 8 bars
- c Top couples **pass through** with ladies in the centre, **pass their partners** left shoulder to left at the opposite side, **pass back** with ladies in the centre and **pass their partners** into place, again left shoulder to left. 8 bars
- d Top **ladies chain** with right hands in the centre, turn with left hand to left (low) around the opposite gent who turns also and dance back to place. 8 bars
- e Top couples **pass through** with ladies in the centre, **pass their partners** left shoulder to left at the opposite side, then **lead back** on the right hand side with the gent's arm around the lady's waist and her hand on his nearest shoulder. 8 bars
- f All couples **set** to their partners and **swing** in waltz hold. 8 bars
- g Side couples dance c to e. 24 bars
- h All **set** to their partners (4 bars) and **swing** in waltz hold (4 bars). 8 bars
- i All couples **house around** the set. 8 bars

Figure 2 – Jig 112 bars

- a All couples **lead around** with each gent's arm around his partner's waist and her arm resting on his shoulder. 8 bars
- b All **set** to their partner (4 bars) and **swing** in waltz hold (4 bars). 8 bars
- c Top couples **advance and retire twice** holding right hand in right (4 bars). Starting two bars behind them, side couples also advance and retire the first time. Side couples are still in the centre when top couples retire the second time. 8 bars
- d As side couples retire, top couples **cross** to the opposite side and the lady turns clockwise into place there under the gent's right hand (4 bars). Then side couples also cross to the opposite side (4 bars) 8 bars
- e All repeat c and d dancing back to place. (16 bars)
- f All **set** to their partners (4 bars) and **swing** in waltz hold (4 bars). 8 bars
- g Repeat c to e with side couples advancing first and crossing first. 32 bars
- h All **set** to their partners (4 bars) and **swing** in waltz hold (4 bars). 8 bars
- i All couples **house around** the set. 8 bars

Figure 3 – Reel / Polka 176 bars

- a All couples **lead around** with each gent's arm around his partner's waist and her arm resting on his shoulder. 8 bars
- b All **set** to their partner (4 bars) and **swing** in waltz hold (4 bars). 8 bars
- c Top gent and opposite lady **advance** taking right arm in right and **dance a full turn** clockwise all the way around each other in the centre. They finish facing each other in the centre. 8 bars
- d Top gent and opposite lady **swing in the centre**. 8 bars
- e Top gent and opposite lady now take left hand in left and **dance a full turn** anticlockwise around each other until back to their own side (4 bars). They then give their right hands to their own partners, forming a **line of four** and all dance **anticlockwise** across to opposite positions (4 bars). 8 bars
- f Top gent and opposite lady **advance and retire once** in opposite positions, bowing as they retire (4 bars), then both couples **dance back to place** with ladies in the centre and pass their partners left shoulder to left into place. 8 bars
- g Top couples **repeat** c to f with second gent and lady leading. 32 bars
- h All **set** to their partners (4 bars) and **swing** in waltz hold (4 bars). 8 bars
- i Side couples dance c to g. First sides are on the left. 64 bars
- j All **set** to their partners (4 bars) and **swing** in waltz hold (4 bars). 8 bars
- k All couples **house around** the set. 8 bars

Figure 4 – Reels 240 bars

- a All couples **lead around** with each gent's arm around his partner's waist and her arm resting on his shoulder. 8 bars
- b All **set** to their partner (4 bars) and **swing** in waltz hold (4 bars). 8 bars
- c **Top ladies chain** with right hand in the centre, turn with left hand in left (low) around the opposite gent who turn also and dance back to place. 8 bars
- d Top couples **set** to their partners and **swing** 8 bars
- e While second top top couple stand in place, first top couple dance across in waltz hold and leave the top lady on the left of opposite gent. 8 bars
- f Second gent, standing between the ladies, takes their outside hands and top gent, facing them, takes their inside hands. The **line of three advance and retire twice**. 8 bars
- g **Ladies** now **change sides** without turning under the gents' hands. They dance in beside the other gent, then **advance and retire twice** with him. 8 bars
- h Ladies face in to each other, forming a **circle of four** and all swing in Christmas. 8 bars
- i Top couples repeat c to h with second couple leading. 48 bars
- j All **set** to their partner (4 bars) and **swing** in waltz hold (4 bars). 8 bars
- k Side couples dance c to i. 96 bars
- l All **set** to their partner (4 bars) and **swing** in waltz hold (4 bars). 8 bars
- m All couples **house around** the set. 8 bars

Figure 5 – Jig 112 bars

- a** All couples **lead around** with each gent's arm around his partner's waist and her arm resting on his shoulder. 8 bars
- b** All **set** to their partner (4 bars) and **swing** in waltz hold (4 bars). 8 bars
- c** In waltz hold, top couples **dance sevens** to the centre and back, then **dance sevens across** on the right to opposite positions and sevens into place there, turning clockwise slightly to face in during the last sevens into place. 8 bars
- d** Top **ladies chain** with right hands in the centre, turn with left hand in left (low) around the opposite gent who turns also and dance back to place. 8 bars
- e** Top couples **set** to their partner (4 bars) and **swing** (4 bars). 8 bars
- f** In waltz hold, top couples **dance sevens** to the centre and back, then **dance sevens across** on the right to their own positions and sevens into place there, turning clockwise slightly to face in during the last sevens. 8 bars
- g** All **set** to their partner (4 bars) and **swing** in waltz hold (4 bars). 8 bars
- h** Side couples repeat **c** to **f**. 32 bars
- i** All **set** to their partner (4 bars) and **swing** in waltz hold (4 bars). 8 bars
- j** All couples **house around** the set. 8 bars

Figure 6 – Quadrille / Hornpipe / Polka 160 bars

- a** All couples **advance and retire** twice in a circle. 8 bars
- b** All couples **swing in place** in waltz hold. 8 bars
- c** All dance the **body**, as in Caledonian. 16 bars
- d** All circle, **advance and retire once** (4 bars) then ladies join right hands in the centre and **dance three quarter** way around clockwise to the lady's position on the right of their own (4 bars) 8 bars
- e** All **swing** their new partners. 8 bars
- f** All **repeat c** to **e** until their ladies are back swinging their own partners again. 96 bars
- g** All couples **house around** the set to finish. 8 bars